

SBJ Consulting, Inc

THOUGHT PARTNER, COACH, CONSULTANT



PERSONALIZED PROFESSIONAL COACHING

Strengths-Based Jumpstart

WHAT IF YOU COULD:

- Discover greater enjoyment in your work & personal life?
- Resolve issues & concerns more quickly?
- Navigate challenging situations & equally challenging people?
- Transition more smoothly through changes?
- Strengthen and deepen your critical relationships?
- Communicate more effectively & efficiently?

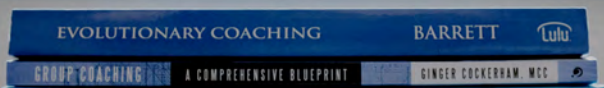
YOU CAN:

By using a Strengths-Based approach, I help clients understand how to align their strengths and talents to create the powerful changes they want in their professional & personal lives.

☎ 323.360.3366 ✉ stacy@sbjconsultinginc.com 🌐 www.sbjconsultinginc.com



JUMPSTART YOUR PERSONAL & PROFESSIONAL GOALS



THE PROCESS:



Strengths Assessment



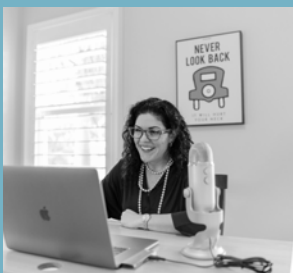
Goal Setting & Reflection



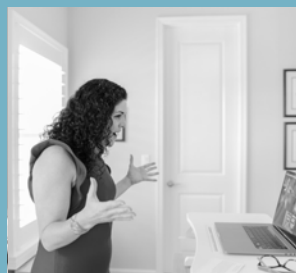
1:1 Coaching Sessions



Activities



Deliverables



Success & Goal Reviews

Stacy Berg Jackson, ICF-ACC, SHRM-SCP, SPHR, M.Ed, is an International Certified Professional Coach and founder of SBJ Consulting, Inc. As a Thought Partner, Executive Coach, and Consultant with over 20 years of experience, Stacy provides tailored leadership and executive coaching, training, and consulting services across a variety of industries.

Stacy is a certified Korn Ferry KF360 Coach, Hogan Performance Coach, and holds a Women in Leadership Certificate from Cornell University. Stacy is certified through the International Coaching Federation as an Associate Certified Coach.